

## An ultimate gesture: Step-mother donates her Kidney to save step-son's life

**Mahim, Mumbai, 1<sup>st</sup> October, 2018:** 40yr old Mashur Raheman Zahoor Rabbani, a resident of Malegaon, Nashik was diagnosed with Chronic Kidney Disease (CKD) in 2015. A Civil Engineer by profession, Mashur experienced high Blood Pressure for a prolonged period, which further led to Kidney failure. For a brief period, he underwent Dialysis thrice a week at a civil hospital in Malegaon. However, hoping for a better life for him, his family vied to make a change and through a recommendation made by an acquaintance, he was brought to **S.L Raheja Hospital, Mahim - A Fortis Associate** and admitted under the care of **Dr Rajesh Kumar, DM (Nephrology) and Transplant Physician** at the hospital.

Post a detailed evaluation, Dr Kumar and his team counselled the family on the requirement for a potential Kidney donor. Post assessment of probable familial donors, a suitable match identified, his step mother, Mrs. Bismillah Zahoor Rabbani; she was his only option. Breathing a sigh of relief, family members were encouraged with the progression; Mrs. Rabbani willingly and happily agreed to donate one of her Kidneys to save her sons' life, the rest of the family stood in full support. Doctors at the hospital scheduled a Kidney Transplant Procedure (KTP) which was subsequently performed, giving a new lease of life to Mashur.

Speaking about the successful transplant surgery and the patient's recovery, **Dr Rajesh Kumar, DM (Nephrology) and Transplant Physician, SL Raheja Hospital Mahim-A Fortis Associate**, he said *"It is great to see such a wonderful relationship beyond blood relations today. His step mother was extremely supportive and willingly came forward to donate one of her Kidneys in order to provide a quality life for her son again. He recuperated well and is back to his familial and work life. He has been advised to follow a disciplined lifestyle and continue with regular follow-ups"*.

Discharged a week ago, Rabbani was able to observe Muharram with his entire family who were extremely happy to see him back home. The entire family is currently in Mumbai and will soon be heading back to Malegaon in the coming week.

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